

LUNCH MENU

Ciabatta with a choice of <i>Roast beef with caramelised onion and cheese</i> <i>Caesar chicken with mixed leaf and Caesar dressing</i> <i>Cheese and caramelised onion</i>	£6.99
Frog Club Sandwich (brown or white bread) <i>Chicken, Bacon, Tomato, with mixed leaf, served with mustard and mayo</i>	£7.99
Little Italia Club Sandwich (brown or white bread) <i>Roasted red peppers with pesto and cream cheese</i>	£6.99
Delhi Sandwich (nan bread) <i>Chargrilled chicken tikka, mixed leaf and mint yogurt sauce</i>	£6.99
Fish & Chips <i>Beer battered cod served with chips, minted mushy peas with grilled lemon & homemade tartar sauce</i>	£8.99
Old School Gammon (GF) <i>Gammon served with fried egg, grilled pineapple, salad & chips</i>	£8.99
Pie of the day <i>Served with chips and gravy</i>	£7.99

All Sandwiches are served with crisps and coleslaw

ALLERGEN & DIETARY INFORMATION: All our food is prepared in a kitchen where cross-contamination may occur and our menu descriptions do not include all ingredients. Full allergen information is available upon request. If you have a question, food allergy or intolerance, please let us know before placing your order. Dishes containing fish and hand-pulled chicken may contain small bones. Some of our dishes contain alcohol; please ask a member of staff for further information. (V) = made with vegetarian ingredients; (GF) = gluten free ingredients (VE) = made with vegan ingredients; however, some of our preparation and cooking methods could affect this.

The nutritional information for our menu is provided as a guide. It is calculated using average values and is based on a typical serving size.

If you require more information, please ask your server.

White Bait with Tartar Sauce £5.99

Coated in panko bread crumbs and served with homemade tartar sauce

Scotch Egg £5.99

Soft boiled egg wrapped in sausage meat, coated in bread crumbs served on bed of watercress & streaky crispy bacon

Soup of the Day £4.99

Homemade soup served with toasted ciabatta bread & butter

Scampi £5.99

Panko coated scampi served with homemade tartar sauce

SALADS

Frog House Salad (GF) £9.99

Mix leaf, rocket, watercress, baby spinach, bacon, crouton, thousand island dressing

Caesar Salad (GF) £7.99

Lettuce, caesar dressing, croutons, anchovies, Panko coated scampi served with homemade tartar sauce

CHOOSE FROM: CHICKEN - £2.99 SALMON - £3.99 HALLOUMI - £2.99

SIDES

Super Chunky Triple Cooked

Hand Cut Chips £3.99

French Fries £1.99

Sweet Potato Fries £2.99

Onion Rings £1.99

Garlic Bread £2.99

Nachos with Salsa Sauce £2.99

Mango Salsa £1.99

Houmous £1.99

Peppercorn Sauce £1.99

KIDS

(All served with fries, peas / beans & kids drink)

Kids Margarita Pizza £5.99

Kids Burger £5.99

Chicken Nuggets £5.99

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